

**"Not by might nor by
power, but by My Spirit,"
Says the Lord of hosts**

Zechariah 4:6 ✨

**Therefore, whether you
eat or drink, or whatever
you do, do ALL to the
glory of God**

1 Corinthians 10:31 ✨

**But seek first the
kingdom of God and His
righteousness, and all
these things shall be
added to you**

Matthew 6:33 ✨

**All things are lawful for me,
but all things are not
helpful. All things are
lawful for me, but I will
NOT be brought under the
power of any**

1 Corinthians 6:12 ✨

**Be anxious for nothing,
but in everything by
prayer and supplication,
with thanksgiving, let
your requests be made
known to God**

Philippians 4:6

**For the kingdom of God is
not eating and drinking,
but righteousness and
peace and joy in the
Holy Spirit**

Romans 14:17

**I discipline my body
and bring it into
subjection, lest, when I
have preached to
others, I myself should
become disqualified**

1 Corinthians 9:27

**No discipline seems
enjoyable at the time,
but painful. Later on,
however, it yields the fruit
of peace and righteousness
to those who have been
trained by it**

Hebrews 12:11

**Whether I eat or
drink, or whatever
I do, I do all to the
glory, honor, and
worship of God.**

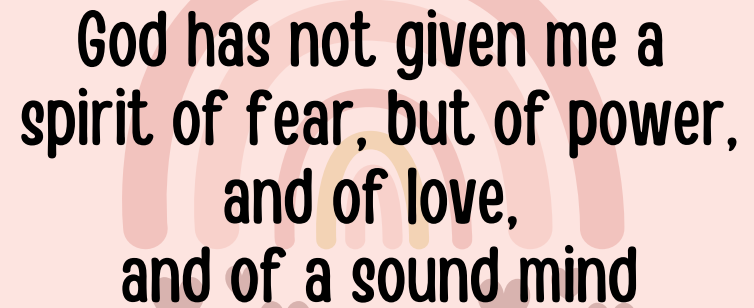
**I put on the Lord Jesus Christ,
and make no provision for the
flesh, to fulfill its lusts**

**I present my
body to God as a
living sacrifice**

**All things are lawful for me,
but all things are not helpful.
All things are lawful for me,
but I will NOT be brought
under the power of any**

The background of this panel features a faint, stylized rainbow with vertical bars extending downwards, resembling rain or a waterfall. At the bottom, there are several small, light-colored hearts.

**I can do ALL things
through Christ who
strengthens me!**

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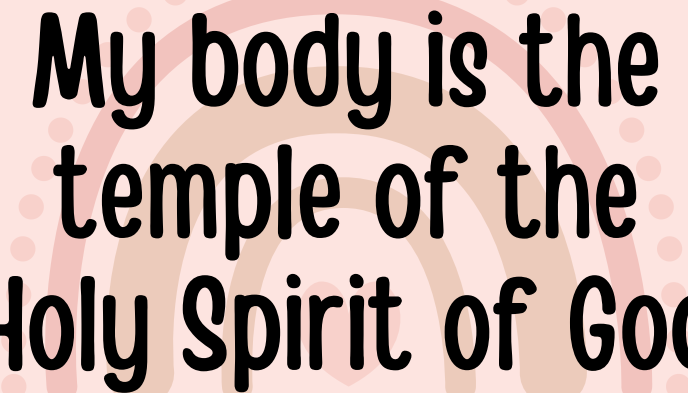
**God has not given me a
spirit of fear, but of power,
and of love,
and of a sound mind**

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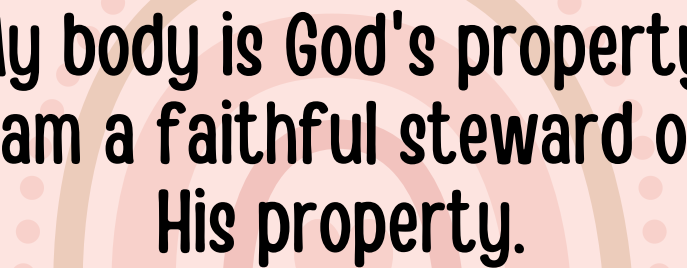
**I see myself as
the Lord sees me**

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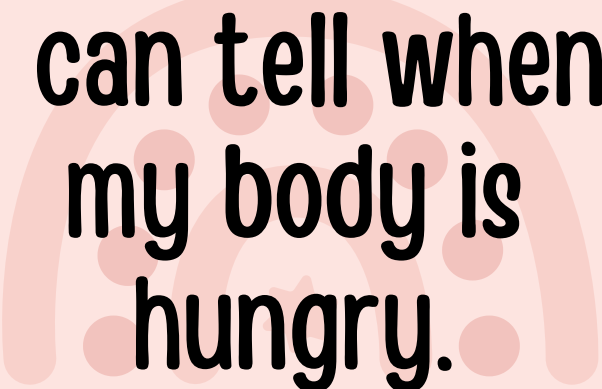
**My Heavenly
Father paid a
very precious
price for me**



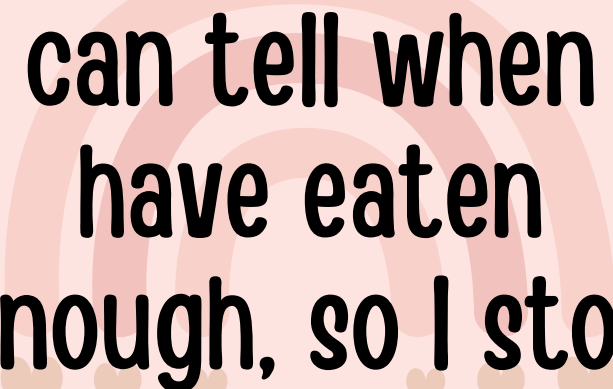
**My body is the
temple of the
Holy Spirit of God**



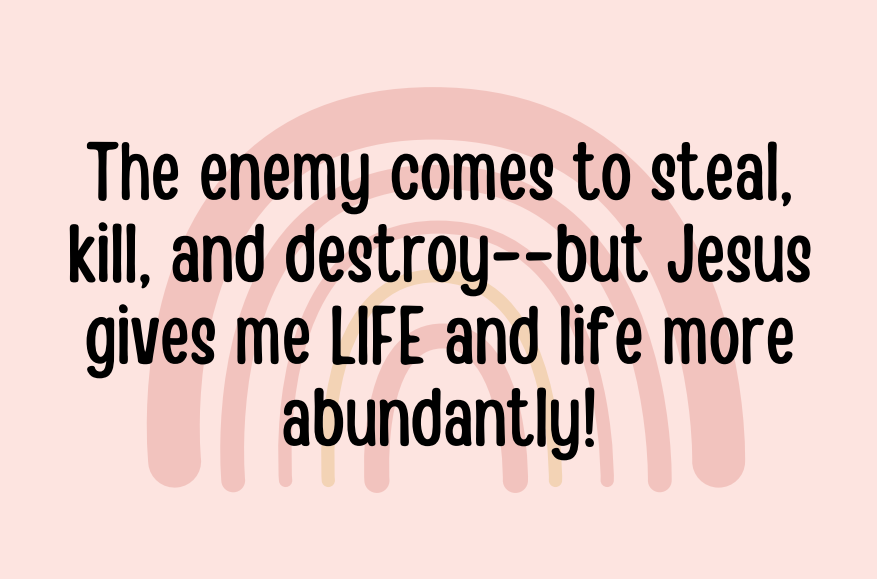
**My body is God's property.
I am a faithful steward of
His property.**



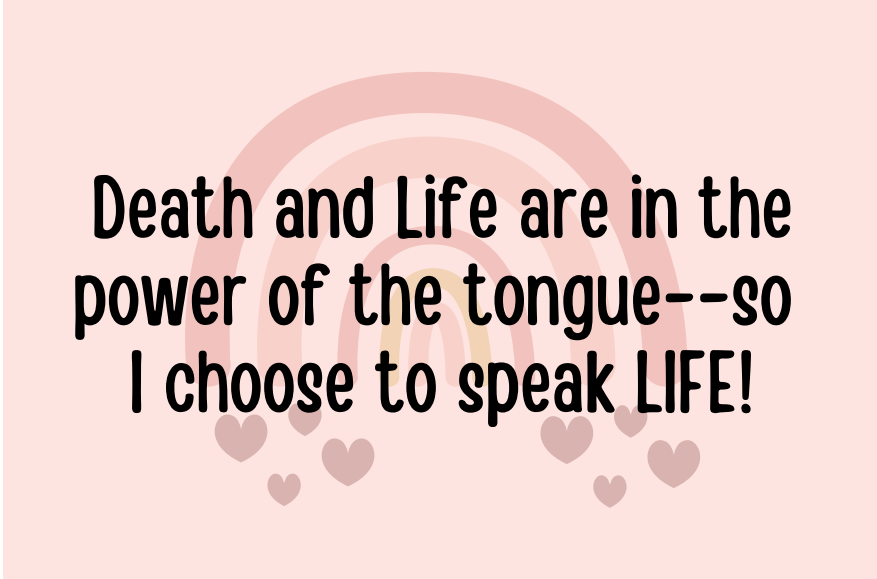
**I can tell when
my body is
hungry.**



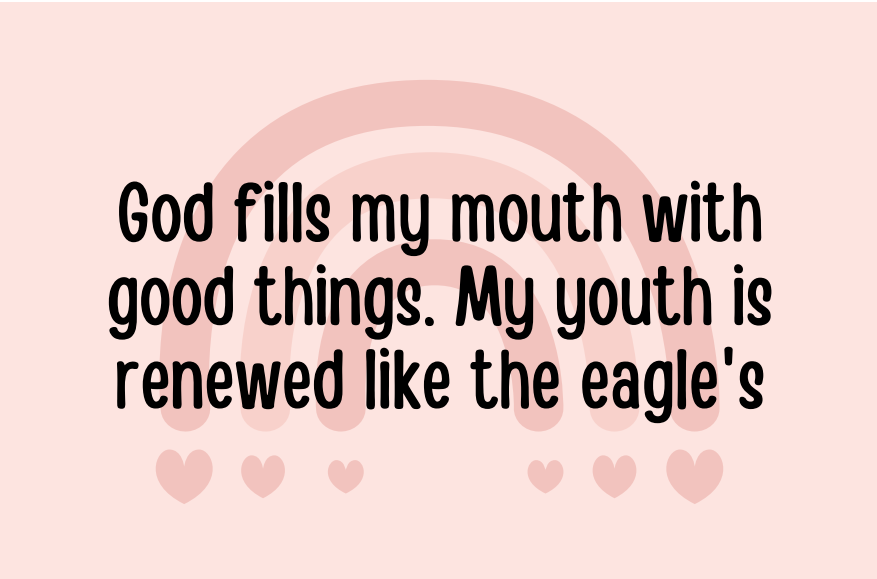
**I can tell when I
have eaten
enough, so I stop**



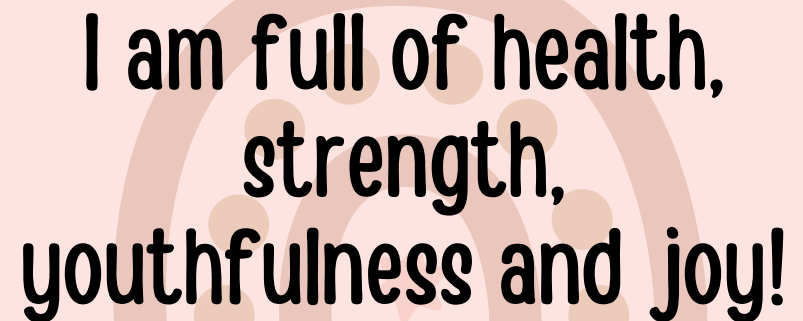
The enemy comes to steal,
kill, and destroy--but Jesus
gives me LIFE and life more
abundantly!



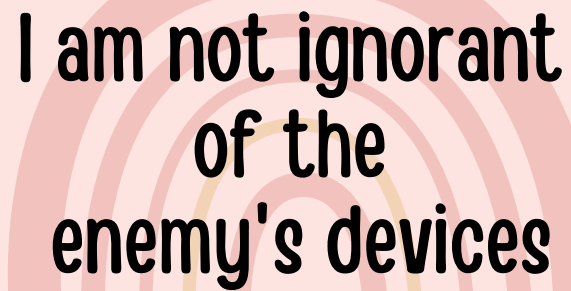
Death and Life are in the
power of the tongue--so
I choose to speak LIFE!



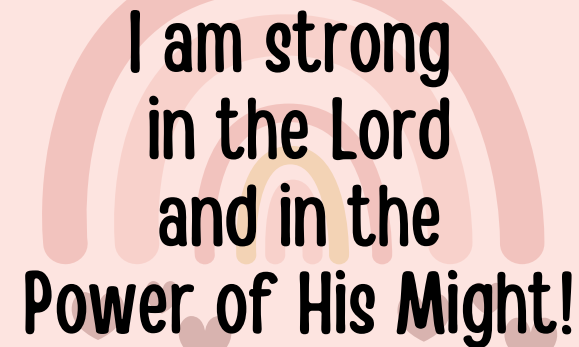
God fills my mouth with
good things. My youth is
renewed like the eagle's



I am full of health,
strength,
youthfulness and joy!

The background of this panel features a light pink color with a faint, stylized rainbow arching across the top. Below the rainbow, there are several small, light pink hearts scattered across the bottom edge.

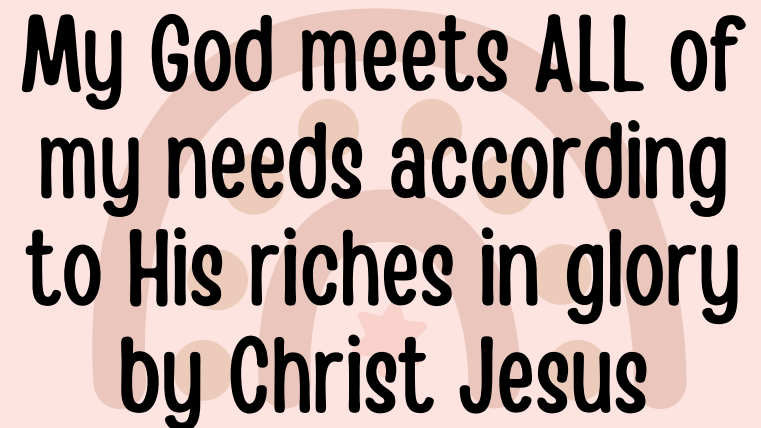
**I am not ignorant
of the
enemy's devices**

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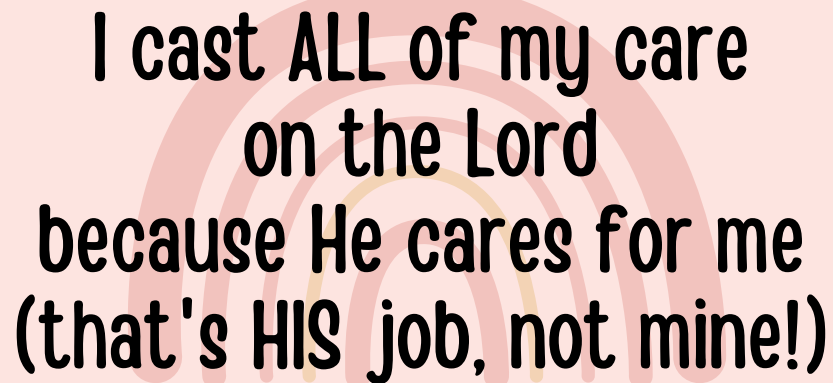
**I am strong
in the Lord
and in the
Power of His Might!**

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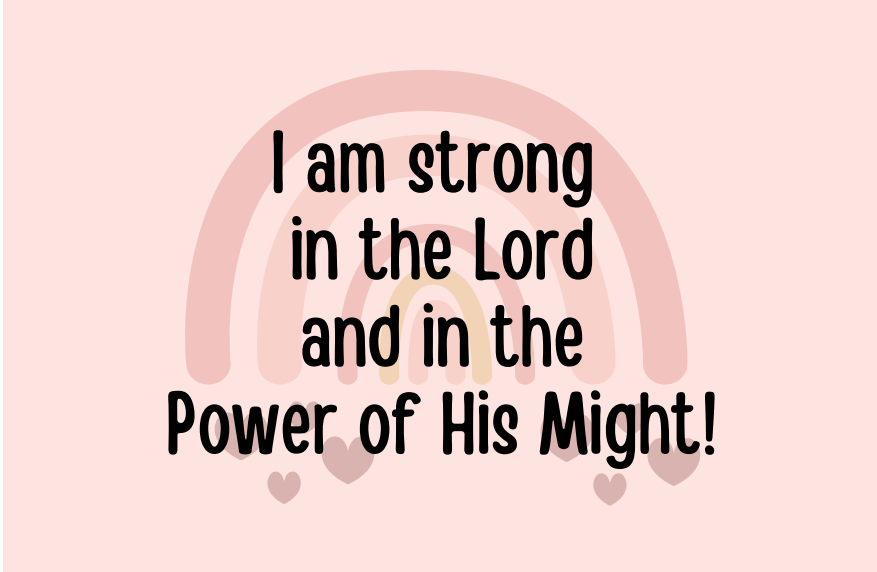
**The JOY of the Lord
is my Strength!**

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**My God meets ALL of
my needs according
to His riches in glory
by Christ Jesus**



I cast ALL of my care
on the Lord
because He cares for me
(that's HIS job, not mine!)



I am strong
in the Lord
and in the
Power of His Might!



The JOY of the Lord
is my Strength!



I seek first the kingdom
of God and
right-standing with Him
and all the things I need
are added to me