



PRODUCT INFORMATION





- > Created to boost relaxation<sup>†</sup>
- > Designed to support a healthy sleep cycle<sup>†</sup>
- > Formulated to prepare for deep sleep<sup>†</sup>
- > Designed to provide a calming effect<sup>†</sup>

Serving Size: 2 Gummies		Servings Per Container: 30	
	Amount Per Serving	% Daily Value**	
<b>Calories</b>	15		
<b>Total Carbohydrate</b>	4 g	1%	
Total Sugars	3 g	*	
Includes 3g Added Sugars		6%	
<b>Melatonin</b>	10 mg	*	
<b>Magnesium</b> (as Magnesium Citrate)	14 mg	3%	
<b>L-Theanine</b>	28 mg	*	
<b>Passion Flower Extract</b> (Passiflora) (Flower)	7 mg	*	
<b>Valerian Root Extract</b> (Valerian officinalis) (Root)	14 mg	*	
<b>Chamomile Extract</b> (Matricaria chamomilia) (Flower)	7 mg	*	
<b>Lemon Balm Extract</b> (Melissa officinalis) (Whole herb)	5 mg	*	
<b>5-Hydroxytryptophan</b> (From Griffonia simplicifolia Extract) (Seed)	25 mcg	*	
<b>Ashwagandha Extract</b> (Withania somnifera) (Root)	4 mg	*	
<b>Tumeric Extract</b> (Curcuma longa L.) (Root) Standardized to contain ≥95% Curcuminoids	25 mcg DFE	*	

\* Percent Daily Values are not established. \*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Other Ingredients: Corn Syrup, Sugar, Pectin, Citric Acid, Sodium Citrate, Natural Preservatives, Natural Flavor and Color, MCT and Carnauba Wax.

THRIVE GUMMIES **SLEEP** is our newest premium formula designed to help you get a restful night's sleep, promote relaxation, and support an overall healthy sleep cycle. THRIVE **SLEEP** is an easy to chew gummy with an incredible flavor, making it easy and convenient to improve your mood while getting all the benefits of improved rest.

Combining the benefits of Melatonin, Valerian Root, and other Minerals and Herbs, **THRIVE SLEEP** helps prepare the body for deep sleep and promotes a healthy sleep cycle during the night.

Add **THRIVE SLEEP** to your THRIVE Experience to ensure you're THRIVING 24/7.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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