

# H.N.U.S. Analysis

(Hair, Nails, Urine, Saliva)

- Vitamin and Mineral Imbalances
- Absorption/Digestive Disturbances
- Heavy Metal / Environmental Toxicity
- Enzyme Imbalances
- Pathogen Disturbance
- Oxidative Stress Levels
- Blood Sugar Imbalances
- Kidney and Liver Disturbances
- Hormonal Imbalances
- pH Issues

Instructions for Hair, Urine, Nails, and Saliva sample collection are as follows:

- **Hair Collection:** Preferable method: cut a small amount of hair close to the root from the neck area OR Alternative method: hair collected from fallout while washing or brushing is acceptable. Place the collected sample in a plastic bag labeled Hair Sample and record name, birth date, and collection date on the plastic bag.
- **Urine Collection:** Collect urine sample on a Q-tip from the first urination of the day. Place the collected sample in a plastic bag labeled Urine Sample and record name, birth date, and collection date on the plastic bag.
- **Nail Collection:** Clip and collect nails. Place the clippings in a plastic bag labeled Nail Samples and record name, birth date, and collection date on the plastic bag.
- **Saliva Collection:** Collect saliva sample first thing in the morning, before eating, drinking, or brushing teeth. Swab the inside of the mouth with a Q-tip. Place the collected sample in the plastic bag labeled Saliva Sample and record name, birth date, and collection date on the plastic bag.
- **Forms:** Complete Clinical Appraisal and Disclaimer form, this form is to be mailed with the collected samples. This form is only required with the first samples submitted. Follow-up evaluations require a current list of medications and supplements being taken and can be recorded on the Clinical Appraisal Follow-Up form provided.
- **Mailing:** Place the 4 Sample Bags, Clinical Appraisal and Disclaimer, or Follow-Up form along with the Test Requisition Form in the addressed/postage-paid envelope provided. Mail via USPS as soon as possible. Samples are good for testing up to 7 days after collection.

There will be a 7- day turnaround for results once the samples are received. You will be contacted once the evaluation has been completed to review the results and to schedule a follow-up consultation.

*(Restricted to Professional Use Only)*

THIS EVALUATION IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.