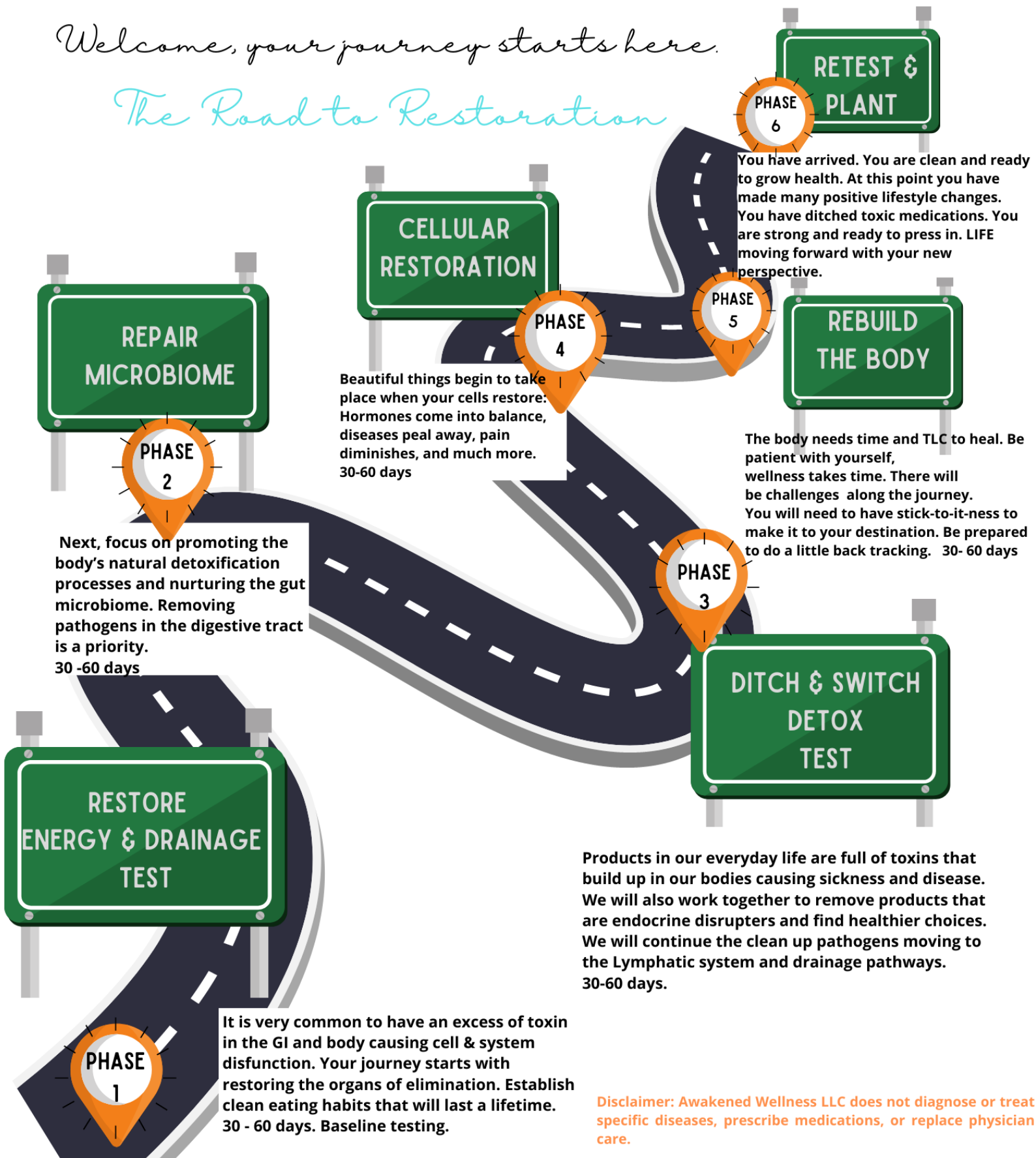




# AWAKENED WELLNESS LLC

Welcome, your journey starts here.

## The Road to Restoration



PHASE 2

Next, focus on promoting the body's natural detoxification processes and nurturing the gut microbiome. Removing pathogens in the digestive tract is a priority. 30 -60 days

RESTORE ENERGY & DRAINAGE TEST

PHASE 1

It is very common to have an excess of toxin in the GI and body causing cell & system disfunction. Your journey starts with restoring the organs of elimination. Establish clean eating habits that will last a lifetime. 30 - 60 days. Baseline testing.

CELLULAR RESTORATION

PHASE 4

Beautiful things begin to take place when your cells restore. Hormones come into balance, diseases peel away, pain diminishes, and much more. 30-60 days

PHASE 5

REBUILD THE BODY

The body needs time and TLC to heal. Be patient with yourself, wellness takes time. There will be challenges along the journey. You will need to have stick-to-it-ness to make it to your destination. Be prepared to do a little back tracking. 30- 60 days

PHASE 3

DITCH & SWITCH DETOX TEST

Products in our everyday life are full of toxins that build up in our bodies causing sickness and disease. We will also work together to remove products that are endocrine disrupters and find healthier choices. We will continue the clean up pathogens moving to the Lymphatic system and drainage pathways. 30-60 days.

PHASE 6

RETEST & PLANT

You have arrived. You are clean and ready to grow health. At this point you have made many positive lifestyle changes. You have ditched toxic medications. You are strong and ready to press in. LIFE moving forward with your new perspective.

Disclaimer: Awakened Wellness LLC does not diagnose or treat specific diseases, prescribe medications, or replace physician care.