



Driving Evaluation Preparation Checklist

Bring this checklist with you to make the evaluation clear, thorough, and stress-free.

1. Medical + Background Info

- Current list of all medications (including over-the-counter + supplements)
- Vision/hearing test results (if recent)
- Any recent hospitalizations, illnesses, or falls
- Medical diagnoses that could impact driving (dementia, diabetes, heart conditions, vision changes, arthritis, etc.)

2. Observed Driving Changes

Write down specific examples caregivers have noticed:

- Getting lost on familiar routes
- Missing stop signs or traffic lights
- Confusing gas and brake pedals
- Slower reaction times
- Trouble staying in lane
- More dents, scrapes, or near misses

3. Practical Concerns

- Time of day that seems hardest (nighttime, rush hour, unfamiliar routes)
- Concerns about multitasking (radio, talking, adjusting controls)
- Any anxiety or agitation while driving
- Recent feedback from friends, neighbors, or passengers

4. Family/Caregiver Notes

- **Main concerns you want the evaluator to know**
- **Questions you'd like answered:**
 - Is it safe to continue driving at all?
 - Would adaptive equipment help (mirrors, backup cameras, seat cushions)?
 - What next steps should we plan for if driving is no longer safe?

⚡ Tip for caregivers: Keep this checklist honest but compassionate. The goal is not to “catch mistakes”, it's to give the evaluator a full picture so the person you care for gets the fairest, most supportive assessment possible.