



The Change Catalyst Challenge

Ready to supercharge your change navigation skills? Dive into this provocative exercise designed to push your boundaries and ignite your leadership superpowers. Set a timer for 10 minutes and prepare to transform your approach to change.

Step 1: Identify Your Kryptonite

Think of a recent major change in your organization that made you uncomfortable. What aspect of it threatened your confidence the most? Write it down in one sentence.

Step 2: Flip the Script

Now, reframe that threat as your greatest opportunity. How could mastering this aspect of change catapult your career to new heights? Be bold and specific.

Step 3: Draft Your Power Move

Imagine you have to lead another similar change tomorrow. What's one audacious action you could take that would completely blindside your competitors and energize your team? The more unconventional, the better.

Step 4: Craft Your Battle Cry

Create a powerful, tweet-length mantra that encapsulates your new approach to navigating change. Make it provocative enough to raise eyebrows in the boardroom.

The Gauntlet

Choose one person in your professional network who intimidates you. Commit to sharing your battle cry with them within the next 24 hours.

Remember, true growth happens outside your comfort zone. By completing this challenge, you're not just preparing for change – you're becoming its master orchestrator.

Now, go forth and rewrite the rules of engagement with change. Your move, Change Champion.