

# **Future-Self Reflection**

This focused exercise challenges you to envision your leadership journey 10 years from now, providing insights to guide your current path.

#### **Step 1: Future Vision**

Imagine it's 2034. You are being honored for your exceptional leadership. In 2-3 sentences, describe:

1. Your most significant achievement

2. The biggest challenge you overcame

3. How your leadership style has evolved

## **Step 2: Symbolic Artifacts**

Think of three symbolic "artifacts" that represent key elements of your 2034 leadership success. For each, write:

- Name of the artifact
- One sentence on its significance

#### Example:

- Artifact: A bridge blueprint
- Significance: Represents my ability to connect diverse teams and ideas, bridging gaps in our organization.

## **Step 3: Reverse Timeline**

Working backwards from 2034, jot down:

• One pivotal action or decision you made in:

。 2030-2027
。 2026-2024
Step 4: Present-Day Action
Based on your reflection:
Identify one skill or quality crucial to your envisioned success
<ol> <li>Write down one specific, actionable step you can take this week to begin developing this skill/quality</li> </ol>
Closing Thought In one sentence, what advice would your 2034 self give to you today?
Remember, this exercise is not about predicting the future, yet about gaining clarity on your leadership aspirations and the path to achieving them.

2034-2031