

Thank you for allowing me to join you on this journey.

I am very happy to welcome you as a new client and will always honor your trust in me. Our first session will be an in-depth Discovery Session. This session will allow you to establish your initial series goals. However, as you will experience as our sessions evolve, you are not limited to discussing what your initial goals are. Other topics often come up, which will take priority. Remember, this program and our relationship is about you, your goals. Not about a set topic.

During our Discovery Session we will:

- Answer any other questions you may have
- Identify where you are, immediate concerns or opportunities
- Identify 1-3 major goals/opportunities/challenges you'd like to address during this series
- Prioritize your goals
- Scheduling future sessions

Our Discovery session typically lasts 60-90 minutes. We'll block 90 minutes just to ensure we have enough time to answer any of your questions. Just follow this link to schedule our first session: [DISCOVERY](#)

I look forward to our Discovery Session. Again, thank you for your trust in me and if you have any questions or comments, always give me a call.

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