

STUDENT CHECKLIST

2023-2024



FOR CAREER DRIVEN STUDENTS
SEEKING DIRECTION AND CLARITY AS
THEY PREPARE TO BE COLLEGE &
CAREER READY

Welcome!

As a first-generation high school and college graduate who has since become an education consultant and school counselor, I am excited to share with you an indispensable checklist guide for ensuring that you are prepared for college and career success.



YOUR SUCCESS MATTERS

"My goal is to bring to you a community of mentors, experts and students just like you to share their knowledge and experience with you.

Whether you are starting to explore career options or you want to better equip yourself throughout your career journey, I am here for you. I can't wait to see what all you accomplish."

This checklist goes beyond simply evaluating your GPA, by helping you to identify and develop the key skills and attributes that will enable you to achieve your goals no matter your current academic standing. With this guide, you can be confident that you are fully equipped to take on the challenges of college and career journey with confidence and readiness.

Let's lay the foundation to your success. Are you ready?

Sonia Cacique

YOUR PERSONAL CHECKLIST

CAREER EXPLORATION

- Identify your unique skills, traits, and abilities
- Shadow someone for a day
- Find a mentor
- Network in your field of interest
- Listen to some of our guest interviews where they explore their career with us

FINANCES AND COST OF EDUCATION

- Create your financial roadmap
- Identify your Return on Investment; consider your options
- Identify ways to save money while completing your education
- Subscribe and follow our podcast; an episode will be coming soon about this important topic

MENTAL HEALTH

- Set a Positive Mindset
- Identify time management skills that work for you
- Organize your space, declutter your study area and boost your confidence
- Build good work & relaxation habits
- Subscribe and follow our podcast; an episode will be coming soon about this important topic

OVERALL WELL-BEING

- Identify extra-curricular activities that you enjoy
- Explore various non-academic interests and passions
- Find time to enjoy your hobbies
- Find a student support group and/or a study buddy
- You will find inspiration in all of our episodes



IN THE NEXT COUPLE OF DAYS YOU WILL BE RECEIVING AN EMAIL WITH A CONTINUATION OF THE CHECKLIST

I'd love to hear from you! DM on IG @sonia.cacique or email me at
info@collegecareerready.org

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"You could be one connection away from changing the trajectory of your life!"