

Product post examples

ANY PRODUCT POST

(Selfie) 📷

I can't believe one simple change to my daily routine has:

- helped me_____
- given me_____
- made me_____

So excited to see what's going to happen over the next few weeks!

.....

(Selfie) 📷

By changing one thing about my day, I have been able to:

- Be more present with_____
- Complete_____ (task you dislike)
- (Smile/Laugh/Cuddle) more

The changes I have noticed are remarkable, and I am so grateful to have found this!

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(You doing something active – outside playing with kids/working out/on a walk/whatever you got)

I have SO much more energy to (get up and move/keep up with the kids/power through my workout) these days, and I've only changed one thing! These non-scale victories have made me feel fantastic and so much more confident... i can't wait to see what's to come!

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(You and a cute cup/mug/etc) 📷

I wish someone had told me sooner that adding in a little something extra could make SUCH a difference.

- List 3-5 things it's done (with details)

And the best part is that I didn't have to make any changes to my normal routine! I've tried so many things in the past that have been difficult to stick to, but the simplicity of this takes the cake!

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(Selfie or family) 📷

Less anxiety. Better ability to handle stress. .
And overall just more consistently HAPPY/HEALTHY/ETC .
One small change in my daily routine has changed everything.

Simply grateful! 🙌❤️