

BRISTOL STOOL CHART Separate, hard lumps; hard to pass; constipated; nuggets; pebbles; rabbit droppings Sausage-shaped but lumpy; somewhat difficult to pass; bunch of grapes Sausage with cracks on the surface; nearperfect poop; corn on the cob Sausage; snake; banana; smooth; soft; nut butter consistency Soft blobs with clear-cut edges; easily passes; chicken nuggets Fluffy pieces with ragged edges; mushy with ragged edges; mushy stool; porridge Watery; no solid pieces; liquid; gravy