

**Alternative Names for Sugar**

Agave nectar	Fructose crystals	Molasses
Agave syrup	(HFCS)	Monosaccharide
Barley malt	Fruit juice	Muscovado sugar
Barley malt syrup	Fruit juice concentrate	Oligosaccharride
Beet sugar	Fruit sugar	Organic agave syrup
Beet molasses	Fruit syrup	Organic brown rice syrup
Beet syrup	Galactose	Organic cane juice crystals
Blackstrap molasses	Glucose	Organic coconut palm sugar
Brown rice syrup	Glucose-fructose syrup	Organic palm sugar
Brown sugar	(HFCS)	Organic sucanat
Cane juice	Glucose solids	Organic sugar
Cane juice crystals	Golden molasses	Organic raw sugar
Cane juice powder	Golden sugar	Palm sugar
Cane sugar	Golden syrup	Palm syrup
Caramel	Granulated fructose	Powdered sugar
Carob syrup	Grape sugar	Pure cane syrup
Coconut sugar	High-fructose corn syrup	Panocha
Coconut syrup	(HFCS)	Raw sugar
Coco sugar	High-dextrose glucose syrup	Refiner's syrup
Confectioner's sugar	Hydrogenated starch	Rice syrup
Corn sugar (HFCS)	Hydrogenated starch hydrosylate	Raw honey
Corn syrup (HFCS)	Hydrolyzed corn starch	Sorbitol
Corn syrup solids (HFCS)	Honey	Sorghum syrup
Dark brown sugar	Honey powder	Sucanat
Dark molasses	Icing sugar	Sucrose
Date sugar	Invert sugar	Sugar
Demerara sugar	Isomalt	Sugar beet syrup
Dextrin	Lactose	Sugar beet crystals
Dextran	Light brown sugar	Sugar cane juice
Dextrose	Light molasses	Sugar cane natural
Diastatic malt	Liquid dextrose	Table sugar
Diatase	Liquid fructose (Often with HFCS)	Tagatose
Disaccharide	Liquid honey	Treacle
Evaporated organic cane juice	Liquid maltodextrin	Turbinado sugar
Evaporated corn sweetener (HFCS)	Maize syrup (HFCS)	Unrefined sugar
Ethyl maltol	Maltodextrin	Unsulphured molasses
Free flowing brown sugar	Maltose	White sugar
Fructose (HFCS)	Malt syrup	Xylose
	Mannitol	Yellow sugar
	Maple syrup	

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