




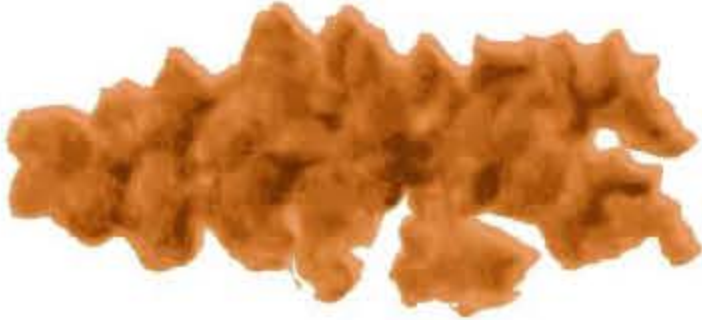



## Bristol Stool Chart

	<p>Type 1</p>	<p>Separate hard lumps, like nuts (hard to pass)</p>	<p>Very constipated</p>
	<p>Type 2</p>	<p>Lumpy and sausage like</p>	<p>Slightly constipated</p>
	<p>Type 3</p>	<p>A sasuage shape with cracks in the surface</p>	<p>Normal</p>
	<p>Type 4</p>	<p>Like a sausage or snake, smooth and soft</p>	<p>Normal</p>
	<p>Type 5</p>	<p>Soft blobs with clear-cut edges</p>	<p>Lacking fibre</p>
	<p>Type 6</p>	<p>Fluffy pieces with ragged edges, a mushy stool</p>	<p>Inflammation</p>
	<p>Type 7</p>	<p>Liquid consistency with no solid pieces</p>	<p>Inflammation</p>