



THE NO-STRESS DECLUTTERING PLAN

(For Moms Who Have Too Much Stuff &
Not Enough Time)

Productive as a Mother

THE NO-FLUFF GUIDE TO DECLUTTERING (SO YOU CAN FINALLY GET IT DONE)



If you've ever looked around your house and thought, "How did we get so much stuff?!"—same, girl. It's like the clutter multiplies overnight while we sleep.

But here's the truth: decluttering doesn't have to be this big, overwhelming project. You don't need a full weekend, a Pinterest-worthy system, or the organizational skills of Marie Kondo.

You just need a simple plan that actually works for busy moms.

This guide is your no-stress, no-perfection, get-it-done plan.

- ✓ Declutter your home without turning it into a bigger mess
- ✓ Get rid of stuff without overthinking every little thing
- ✓ Stick to a system that actually works—even if you're Type B

Let's clear out the chaos and finally get your home feeling lighter, calmer, and more manageable.

DaVette xx

4 TIPS FOR SUCCESS

Decluttering sounds easy in theory (just get rid of stuff, duh), but in reality? It's exhausting, emotional, and overwhelming.

Here's what's really going on:



You don't know where to start. (So, you just... don't.)

Fix: Follow the step-by-step plan inside this guide. No thinking required.

You feel guilty getting rid of things. ("But what if I need this someday?")

Fix: If it hasn't been used in a year, let it go. (Someday is not a day of the week.)

You start, but then everything gets messier. (Now the whole room is a disaster... help?)

Fix: Declutter in tiny sections so you're never buried in stuff.

You get distracted halfway through. (Found an old journal? Guess I'm reading for an hour now.)

Fix: Set a 15-minute timer and stay focused on one category at a time.



HOW TO DECLUTTER WITHOUT GETTING OVERWHELMED

This system is stupid-simple: one space per day, for a few minutes at a time.

🎯 The goal: Make your house feel lighter, calmer, and easier to manage.

🚫 The rules: No perfectionism. No guilt. No overthinking.

Here's how it works:

Step 1

FOLLOW THE WEEKLY DECLUTTERING PLAN.

(It's laid out for you—just do the thing!)

Step 2

SET A 15-MINUTE TIMER.

(Decluttering is way easier when there's an endpoint.)

Step 3

USE THE "KEEP, DONATE, TRASH" METHOD.

(No random "maybe" piles allowed!)

Step 4

MAKE IT FUN.

(Blast music, listen to a podcast, reward yourself after!)

DECLUTTERING SHORTCUTS FOR BUSY MOMS

Because you're already doing 10,000 other things.

THE "ONE BIN" METHOD:

Keep a donation bin in a closet. Toss in random things as you find them. When it's full, donate it—no big cleanout session required.

THE "TWO-MINUTE RULE:"

If it takes less than 2 minutes to put something away or throw it out, do it immediately.

DECLUTTER BY CATEGORY, NOT ROOM:

Instead of tackling the whole playroom (too much!), just declutter books one day, toys the next, and so on.

THE 5-5-5 RULE:

Get rid of 5 things to trash, 5 things to donate, and 5 things to put away in 5 minutes.

USE "THE BOX TEST:"

Not sure if you really need something? Put it in a box. If you don't reach for it in the next 30 days, donate it.



KEEP IT SIMPLE

Progress Over Perfection

Your house doesn't need to be Pinterest-perfect. It just needs to work for you.

1

You don't have to declutter everything at once. Tiny wins add up!

2

You don't have to get rid of everything. Keep what you actually love and use.

3

You don't have to feel guilty. Decluttering isn't about getting rid of memories—it's about making space for the life you want to live now.

WEEKLY DECLUTTERING CALENDAR

Use this calendar to stay on top of your decluttering goals without the overwhelm.

JANUARY <ul style="list-style-type: none">Organize PantryDeep Clean RefrigeratorDeep Clean FreezerOrganize Under Kitchen Sink	FEBRUARY <ul style="list-style-type: none">Organize Spice CabinetOrganize Food Storage ContainersOrganize Junk DrawerOrganize Linen Closet	MARCH <p>Spring Cleaning</p> <ul style="list-style-type: none">Entry WayKitchenDining RoomBathroomsLaundry Room
APRIL <p>Spring Cleaning</p> <ul style="list-style-type: none">BedroomsMaster Closet for SpringKids Closet for SpringKids Closet for Spring	MAY <p>Spring Cleaning</p> <ul style="list-style-type: none">Living RoomPlayroomCoat ClosetHome Office	JUNE <ul style="list-style-type: none">Organize Pool & Summer GearOrganize GarageOrganize Extra StorageOrganize TV CabinetOrganize Pantry
JULY <ul style="list-style-type: none">Organize Spice CabinetDeep Clean RefrigeratorDeep Clean FreezerOrganize Under Kitchen Sink	AUGUST <ul style="list-style-type: none">Organize Food Storage ContainersOrganize Junk DrawerOrganize Linen ClosetOrganize Bath TowelsOrganize Master Bath	SEPTEMBER <ul style="list-style-type: none">Organize Kids BathroomMaster Closet for FallKids Closet for FallKids Closet for Fall
OCTOBER <ul style="list-style-type: none">Organize Coat ClosetOrganize Extra StorageOrganize GarageShop for Christmas Cards	NOVEMBER <ul style="list-style-type: none">Organize Home OfficeOrganize Laundry RoomPlan Meals for ThanksgivingPrepare for ThanksgivingDecorate for Christmas	DECEMBER <ul style="list-style-type: none">Mail Christmas CardsMail Out of Town GiftsEnjoy Family TimePlan House Updates for Next Year



YOU DID IT! NOW LET'S KEEP THAT MOMENTUM GOING

Option 1: Declutter Your Mom Brain

If your house feels like it's constantly exploding and you're one mess away from a meltdown, the Declutter Your Mom Brain Mini Course is the reset you need. In this self-paced video course, you'll learn:

- How to declutter without becoming a minimalist
- How to make a plan so you don't quit halfway through
- How to get your kids involved without the meltdowns
- A no-stress system to tackle every room (without feeling like you live in chaos)
- A simple way to maintain it all—so you're not constantly re-cleaning

Use code: DECLUTTER at checkout to get 40% off to finally feel calm in your home again.

OK

Option 2: Get first dibs on the app that's about to change the game.

The Productive as a Mother App drops in July 2025, but waitlist members get early access in April and one full year FREE. This app is basically your mom life command center, packed with:

- ✓ Goal planning (because winging it isn't working)
- ✓ Daily habit tracking (so you actually stick to them)
- ✓ Decluttering & cleaning schedules (goodbye, mess stress)
- ✓ Meal planning & family scheduling (aka, your life together)

[Declutter Your Mom Brain](#) ➞

[Productive as a Mother App](#) ➞