



DID YOU KNOW

**Overtired
puppies turn ?
into Piranhas?!**

?

?



**We have a big responsibility
as puppy parents to teach our
puppies the rules of humans...
it looks very different in their
world than ours.**

**They explore the world with their
mouth. They play with mom, siblings
and other dogs with teeth... it is often
foreign to them that biting
us isn't acceptable. They DO NOT KNOW
any better. We must teach them...
We don't let the "outgrow" the behavior.
We teach them.**

**The consequences of
our lack of teaching how the human world works
causes dogs to lose their
homes more often than we want to
admit.**

**-Teeth never goes on skin-
Not with play, not on accident**



How can we teach our puppies to live in the human world?

1.ROUTINES & STRUCTURE

2. CORRECT SOCIALIZATION

3. ADDRESSING BEHAVIORS NOW

4. TEACHING OUR DOGS HOW TO BE CALM



Stop The Puppy Biting

Every puppy parents dream. Am I right?!

To stop the behavior, we must teach expectations, the rules of our home and what

we want instead of teeth... one way we do that is by

Setting up routine and structure in your puppies environment--which will reduce overstimulation.

Over stimulated puppies will bite more than a puppy that has the opportunity to decompress on a regular basis...

Puppies that do not get good sleep are more likely to get into that mood where they "can't be reasoned" with.

Puppy Parents that struggle with a routine with their pups typically will be frustrated with what feels like they are constantly "on" and never get a break from watching the puppy.

Frustrated puppy parents + overstimulated puppy= unhappy home



**Routine will look different in each home,
but a set feeding schedule, naps away from
people(gives the puppy the decompression time they MUST HAVE)
time set aside to exercise, play and stimulate the puppies brain
reduces over-stimulation.**

**Keeping track of the times when biting happens the most, gives you a
good
picture into how to change the routine... puppy becomes a piranha at
6pm every night?**

**Let's put puppy down for a nap at 5:45-6:30pm every evening to reduce
that
overtired time frame!**

**-----
If we can reduce the overstimulation--we reduce puppy biting.**

Will this stop the biting behavior?

**Not by itself, but in the big picture of puppyhood, this
is one of the most important parts of reducing opportunities
that puppies feel the need to use their teeth.**

Correct Socialization is so important to teaching our puppies to live with humans. Correct socialization isn't saying hello to everyone and everything, it's advocating for our dogs success. It's advocating for our dogs if they are nervous, over-excited, or in a state of mind where greetings aren't optimal...

it is saying no to people that want to pet our dog, even if that hurts their feelings...

It's finding quality experiences to do with our dogs that involve people and kids that can be respectful to our dogs space.

It's teaching our family members...ourselves even, what a dog likes and doesn't like

(learning how to read the dog)

We don't leave it up to the dog to say "no thanks"

You won't like how some do.

Some puppy biting is play, some puppy biting is overstimulation and some puppy biting is saying "no thanks". We do not want our puppies to think that a bite is the only way to get people to stop.

Address behavior now! We don't have to wait for them to outgrow a behavior.

If I had a dollar for each time I was told, or heard the advice of "they will outgrow this" I'd be rich.

And if it was TRUE- Why would we want to deal with biting until they get older? Why wouldn't we just get to the bottom of the issue and get it to stop?

Will it stop immediately without any work?

Of course not, but we do not have to wait to work on stopping it.

The most relatable thing I've heard is: when my pup gets into that crazy headspace, I have to hide on a chair till they are done! Nothing else works. and the advice back was: It gets better... they out grow it.

We can do a lot right now to address biting.

**Teaching our dogs to be calm! This is one of the best things we can do
for our**

puppies! It helps you have so much more peace within your home.

**I like to teach a settle command and a tether/place command
that I can utilize when I see the puppy getting riled up.**

**If I can catch it before the puppy is in full overstimulation mode, the
easier
it is to bring the puppy out of it.**

Here is how I teach the

Settle on command

Setting up a tether

Settle with a tether



Takeaway:

-set up a routine and follow it

-keep notes on when the puppy bites the most, when and what's going on

-add mandatory naps around the time frames you see the out of control biting

**-address the biting when it happens: I move into a settle to address biting first
check out our [instagram story](#) for more in depth details on how to address
puppy biting**

-work on a settle command when in a calmer state

-move right into a settle when you can see them getting overstimulated

-once calm, give them a decompression time(or nap)

-get out there and socialize, teach your puppy how to act in the human world

-reach out for help and support! You don't have to do it alone.

Send any questions to sarah@scotchpinesdt.com--Sarah responds back personally.

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